

## AllCore 360

Our AllCore 360 is the fastest and easiest way to strengthen all 50 core muscles and pelvic floor and we are the first in Naples to have one. Not only does it strengthen your core enabling you to build the desired muscle and burn that stubborn visceral fat but it's amazing for back pain, scoliosis and even improves your posture. Just 10 minutes 3 times a week in your street clothes you will begin building your strongest core ever in no time!



## InBody

The InBody is the most advanced composition analyzer on the market and is trusted by leading hospitals, universities, and professional sports teams because of its precision.

Simply stand on the device for 45 seconds and see your Percent Body Fat, Basal Metabolic Rate, Segmental Muscle Balance, Body Composition History, and more on a full-page results sheet printout. The InBody is fast, accurate, and non-invasive.



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***Weight Loss Done Right is a Full Service Weight Loss Center***

***FREE First Session for all therapies & exercise equipment***

13240 Tamiami Trail N #208  
Naples, FL 34110  
[www.weightloss-doneright.com](http://www.weightloss-doneright.com)

**Call for Appointment  
(239) 592-7767, Option 2**

## The Ideal Protein Diet explained

The Ideal Protein weight loss method is a medically designed protocol that promotes weight loss, while sparing muscle mass. Dr. Tran Tien Chanh, MD, PhD, developed the weight loss method in France over 20 years ago. Dr. Chanh, focused his career and research on nutrition with a particular emphasis on the treatment of obesity and obesity related issues.

The protocol is a 4-phase plan that encourages stabilization of blood sugar levels, while burning fat and maintaining muscle and other lean tissue.

During all phases, you will receive uncompromising personal support. You will lose weight and learn how to eat smarter. Most importantly, you will learn how to maintain your weight loss to live a healthy lifestyle.



### HyperVibe Git Pro

At the lowest level, the vibration frequency the Hypervibe Git Pro generates will be low enough to perform effective lymphatic drainage. At the highest level, it will generate a tremendous G-force, leading to an intense and incredibly effective workout.

#### Some of the many Benefits:

- ◆ Improved Balance
- ◆ Improved Bone Density
- ◆ Increased Muscle Strength
- ◆ Cellulite reduction
- ◆ Weight Loss
- ◆ Low Back Pain Relief
- ◆ Increased Circulation and flexibility.

## Trifecta Red Light Therapy

Non-Invasive, Safe Alternative to Liposuction

- ◆ Visible results after 1st session, with optimal results after multiple sessions.
- ◆ Treatments are quick & relaxing with no down time. Treatments last up to 30 min.
- ◆ Powerful body shaping technology using red light and near-infrared light.
- ◆ Wavelengths stimulate fat cells to release their content, which is easily and naturally eliminated by the lymphatic system.
- ◆ Red lights stimulate fibroblast cells which promotes collagen and elastin resulting in a slimmer and more youthful look.
- ◆ Near-Infrared lights have also been shown to greatly enhance the body's ability to heal itself while reducing pain.

